

Salam Middle & High

December 2018

Mon	Tue	Wed	Thu	Fri
3 Beef Or Cheese Quesadilla Spanish Beans And Rice	4 Crispy Chicken Sandwich WW Bun Mac & Cheese	5 Chicken Shawarma Wrap Cold Rainbow Pasta	6 Meat pasta W/ Marinara Sauce WW Dinner Roll	7 Santa Fe Chicken Wrap Mac & Cheese
10 Nachos Cheese W/ Ground Beef 3 Beans Salad	11 Beef Lasagna WW Dinner Roll	12 French Toast Sticks /Syrup Strawberry Yogurt Cup	13 Beef Or Cheese Burger On WW Bun	14 Cold Turkey & Cheese Sandwich OR Zabiha Halal Hot Dog
17 No School	18 No School	19 Winter Break	20 No School	21 No School
24 No School	25 No School	26 Winter Break	27 No School	28 No School
31 No School	1 No School	2 Chipotle Chicken Sandwich Mac & Cheese	3 Beef Or Cheese Quesadilla 3 Beans Salad	4 Beef Pizza Puff Cold Rainbow Pasta

Daily:

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.nsc.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.