

# Salam Elementary

# February 2019

Mon	Tue	Wed	Thu	Fri
4 French Toast Sticks /Syrup Yogurt Tater Tots	5 Baked Chicken Sandwich Mashed Potatoes	6 Baked Penna Pasta With Beef and Cheese Dinner Roll	7 Chicken Shawarma Rice & Beans	8 Pizza Dipper Marinara sauce Steamed Corn
11 Chicken Curry Basmati Rice Corn Bread	12 Cheese Pizza On WW Crust Steamed Corn	13 Chicken Strips Mashed Potatoes WW dinner Rolls	14 Turkey & Cheese Cold Sandwich OR Halal Hot Dog	15 Beef Or Cheese Quesadilla Rice & Beans
18 Crispy Chicken Sandwich WW Bun	19 French Toast Sticks /Syrup Yogurt Tater Tots	20 Chicken Alfredo Pasta WW Dinner Roll	21 Pizza Dipper Marinara sauce Steamed Veggie	22 Chicken Shawarma Tater Tots
25 Cheese Pizza On WW Crust Steamed Corn	26 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	27 Chicken Or Cheese Quesadilla Rice Beans	28 Beef Or Cheese Burger 3 Bean Salad	1 Chicken Strips Mashed Potatoes WW Dinner Roll

## Daily:

- Fresh Vegetables plus fresh or canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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