

Salam Middle & High

February 2018

Mon	Tue	Wed	Thu	Fri
29 Crispy Chicken Sandwich WW Bun Mac & Cheese	30 Beef Or Cheese Quesadilla Spanish Beans And Rice	31 Chicken Shawarma Wrap Cold Rainbow Pasta	1 Meat pasta W/ Marinara Sauce WW Dinner Roll	2 Pizza Dippers With Marinara Hommus & Veggies
5 Fries & Cheese W/ Ground Beef 3 Beans Salad	6 Beef Lasagna WW Dinner Roll	7 French Toast Sticks /Syrup Bagel & Cream Cheese	8 Beef Or Cheese Burger On WW Bun	9 Cold Turkey & Cheese Sandwich OR Zabiha Halal Hot Dog
12 Chicken Curry Basmati Rice	13 Chicken Strips Mashed Potatoes WW Dinner Roll	14 Gyro Wrap Fries	15 Chipotle Chicken Sandwich Mac & Cheese	16 Cheese Pizza On WW Crust Veggie & Ranch
19 Chicken Alfredo Pasta WW Bread Sticks	20 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	21 Beef Or Cheese Burger WW Buns Fries	22 Chicken Parmesan Pasta WW Bun	23 Pizza Dippers With Marinara Hommus & Veggie
26 Chicken Strips Mashed Potatoes WW Dinner Roll	27 Egg & Cheese Burrito Tatar Tots	28 Chipotle Chicken Sandwich Mac & Cheese	1 Beef Or Cheese Quesadilla 3 Beans Salad	2 Cheese Pizza On WW Crust Cold Rainbow Pasta

Daily:

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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