

Salam Middle&High

February 2017

| Mon | Tue | Wed | Thu | Fri |
|--|--|--|--|---|
| 6 Crispy Chicken Sandwich WW Bun | 7 Beef Or Cheese Quesadilla Spanish Rice | 8 Chicken Taco 3 Beans Salad | 9 Meat pasta W/ Marinara Sauce WW Dinner Roll | 10 Pizza Dippers With Marinara Muffin |
| 13 Nacho Cheese Fries | 14 Chicken Shawarma Wrap Cold Rainbow Pasta | 15 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog | 16 Beef Or Cheese Burger WW Buns Fries | 17 Cheese Pizza On WW Crust Steamed Veggie |
| 20 Beef Lasagna WW Dinner Roll | 21 Chicken Strips Mashed Potatoes WW Dinner Roll | 22 French Toast Sticks /Syrup Boiled Eggs HOMMUS | 23 Chipotle Chicken Sandwich Mac & Cheese | 24 Pizza Dippers With Marinara Muffin |
| 27 Chicken Alfredo Pasta WW Bread Sticks | 28 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog | 1 Beef Or Cheese Burger WW Buns Fries | 2 Chicken Parmesan Pasta WW Bun | 3 Cheese Pizza On WW Crest Steamed Veggie |

Daily:

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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