

# Salam Middle & High

# March 2019

Mon	Tue	Wed	Thu	Fri
4 Beef Lasagna WW Dinner Roll	5 Nachos Cheese W/ Ground Beef 3 Beans Salad	6 French Toast Sticks /Syrup Strawberry Yogurt Cup	7 Beef Or Cheese Burger On WW Bun	8 Cold Turkey & Cheese Sandwich OR Zabiha Halal Hot Dog
11 Santa Fe Chicken Wrap 3 Bean Salad	12 Chicken Strips Mashed Potatoes WW Dinner Roll	13 Gyro Wrap Fries	14 Chipotle Chicken Sandwich Mac & Cheese	15 Cheese Pizza Veggie & Ranch
18 Chicken Alfredo Pasta WW Bread Sticks	19 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	20 Beef Or Cheese Burger WW Buns Fries	21 Chicken Parmesan Pasta WW Bun	22 Pizza Dippers With Marinara Hommus & Veggie
25 Chicken Strips Mashed Potatoes WW Dinner Roll	26 Egg & Cheese Burrito W/ Tatar Tots	27 Chipotle Chicken Sandwich Mac & Cheese	28 Beef Or Cheese Quesadilla 3 Beans Salad	29 Cheese Pizza Cold Rainbow Pasta

## Daily:

- Fresh Vegetables and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.nsc.usda.gov/complaint\\_filing\\_cust.html](http://www.nsc.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.