

# Salam Middle&High

# March 2017

| Mon   | Tue  | Wed   | Thu  | Fri   |
|---|--|---|--|---|
| 6<br>Chicken<br>Parmesan Pasta<br>WW Dinner Roll  | 7<br>Beef Or Cheese<br>Quesadilla<br>Spanish Rice<br>With Beans      | 8<br>Crispy Chicken<br>Sandwich<br>WW Bun                       | 9<br>Meat pasta<br>W/ Marinara Sauce<br>WW Dinner Roll | 10<br>Pizza Dippers<br>With Marinara<br>Muffin          |
| 13<br>Nacho<br>Cheese<br>With Beef                | 14<br>Chicken Shawarma<br>Wrap<br>Hommus &<br>Veggies                | 15<br>Turkey & Cheese<br>Sandwich or<br>Zabiha Halal<br>Hot Dog | 16<br><b>No<br/>School</b>                             | 17<br><b>No<br/>School</b>                              |
| 20<br>Beef<br>Lasagna<br>WW Dinner Roll           | 21<br>Chicken Strips<br>Mashed Potatoes<br>WW Dinner Roll            | 22<br>Egg & Cheese<br>Burrito<br>3 Bean Salad                   | 23<br>Chipotle Chicken<br>Sandwich<br>Mac & Cheese     | 24<br>Beef Pizza Puff<br>Hommos &<br>Veggies            |
| 27<br>Chicken Alfredo<br>Pasta<br>WW Bread Sticks | 28<br>Turkey & Cheese<br>Cold Sandwich<br>OR Zabiha Halal<br>Hot Dog | 29<br>Beef Or Cheese<br>Burger<br>WW Buns<br>Fries              | 30<br>Chicken Curry<br>Basmati Rice<br>WW Bun          | 31<br>Cheese Pizza<br>On WW Crust<br>Cold Rainbow Pasta |

## Daily:

- **Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.**
- **Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.**
- **All food served at Salam School is 100% Zabiha Halal, unless noted.**
- **Menus are subject to change without notice.**

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all program and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at [http://www.nsc.usda.gov/complaint\\_filing\\_cust.html](http://www.nsc.usda.gov/complaint_filing_cust.html), or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington D.C. 20250-9410, by fax (202)690-7442 or email [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.