


# Salam Elementary

# November 2018

Mon	Tue	Wed	Thu	Fri
29 No School	30 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	31 Chicken Or Cheese Quesadilla Rice Beans	1 Beef Or Cheese Burger 3 Bean Salad	2 Chicken Strips Mashed Potatoes WW Dinner Roll
5 French Toast Sticks /Syrup Yogurt Tater Tots	6 Baked Chicken Sandwich Mashed Potatoes	7 Baked Penna Pasta With Beef and Cheese Dinner Roll	8 Chicken Shawarma Rice & Beans	9 Pizza Dipper Marinara sauce Steamed Corn
12 Santa Fe Chicken Wrap Rice & Beans	13 Cheese Pizza On WW Crust Steamed Corn	14 Chicken Strips Mashed Potatoes WW dinner Rolls	15 Turkey & Cheese Cold Sandwich OR Halal Hot Dog	16 Beef Or Cheese Quesadilla Rice & Beans
19 Crispy Chicken Sandwich WW Bun	20 French Toast Sticks /Syrup Boiled egg Mac & Chesse	21 Beef / Marinara Pasta WW Dinner Roll	22 	23
26 Cheese Pizza On WW Crust Steamed Corn	27 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	28 Chicken Or Cheese Quesadilla Rice Beans	29 Beef Or Cheese Burger 3 Bean Salad	30 Chicken Strips Mashed Potatoes WW Dinner Roll

**Daily:**

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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