

Salam Middle & High

November 2018

Mon	Tue	Wed	Thu	Fri
29 No School	30 Egg & Cheese Burrito W/ Tatar Tots	31 Chipotle Chicken Sandwich Mac & Cheese	1 Beef Or Cheese Quesadilla 3 Beans Salad	2 Beef Pizza Puff Cold Rainbow Pasta
5 Beef Or Cheese Quesadilla Spanish Beans And Rice	6 Crispy Chicken Sandwich WW Bun Mac & Cheese	7 Chicken Shawarma Wrap Cold Rainbow Pasta	8 Meat pasta W/ Marinara Sauce WW Dinner Roll	9 Greek Chicken Salad Hommus & Veggies Sticks
12 Nachos Cheese W/ Ground Beef 3 Beans Salad	13 Beef Lasagna WW Dinner Roll	14 French Toast Sticks /Syrup Strawberry Yogurt Cup	15 Beef Or Cheese Burger On WW Bun	16 Cold Turkey & Cheese Sandwich OR Zabiha Halal Hot Dog
19 Santa Fe Chicken Wrap Rice & Beans	20 Chicken Strips Mashed Potatoes WW Dinner Roll	21 Gyro Wrap Fries	22 	
26 Chicken Alfredo Pasta WW Bread Sticks	27 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	28 Beef Or Cheese Burger WW Buns Fries	29 Chicken Parmesan Pasta WW Bun	30 Pizza Dippers With Marinara Hommus & Veggie

Daily:

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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