

# Salam Middle&High

# September 2017

Mon	Tue	Wed	Thu	Fri
4 <b>NO School</b>	5 Beef Or Cheese Quesadilla Spanish Beans And Rice	6 Chicken Shawarma Wrap Cold Rainbow Pasta	7 Meat pasta W/ Marinara Sauce WW Dinner Roll	8 Pizza Dippers With Marinara Hommus & Veggie Sticks
11 Nach Cheese With Beef 3 Beans Salad	12 Beef Lasagna WW Dinner Roll	13 French Toast Sticks /Syrup Boiled eggs	14 Beef Or Cheese Burger On WW Bun	15 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog
18 Chicken Taco 3 Beans Salad	19 Chicken Strips Mashed Potatoes WW Dinner Roll	20 Gyro Wrap Fries	21 Chipotle Chicken Sandwich Mac & Cheese	22 Cheese Pizza On WW Crust Veggie & Ranch
25 Chicken Alfredo Pasta WW Bread Sticks	26 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	27 Beef Or Cheese Burger WW Buns Fries	28 Chicken Parmesan Pasta WW Bun	29 Bagel and Cream Cheese Hommos & Veggie

**Daily:**

- **Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.**
- **Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.**
- **All food served at Salam School is 100% Zabiha Halal, unless noted.**
- **Menus are subject to change without notice.**

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