

Salam Middle & High

September 2018

Mon	Tue	Wed	Thu	Fri
27 Crispy Chicken Sandwich WW Bun Mac & Cheese	28 Beef Or Cheese Quesadilla Spanish Beans And Rice	29 Chicken Shawarma Wrap Cold Rainbow Pasta	30 Meat pasta W/ Marinara Sauce WW Dinner Roll	31 Pizza Dippers With Marinara Hommus & Veggies
3 Nachos Cheese W/ Ground Beef 3 Beans Salad	4 Beef Lasagna WW Dinner Roll	5 French Toast Sticks /Syrup Strawberry Yogurt Cup	6 Beef Or Cheese Burger On WW Bun	7 Cold Turkey & Cheese Sandwich OR Zabiha Halal Hot Dog
10 Chicken Tacos 3 Bean Salad	11 Chicken Strips Mashed Potatoes WW Dinner Roll	12 Gyro Wrap Fries	13 Chipotle Chicken Sandwich Mac & Cheese	14 Beef Pizza Puff Veggie & Ranch
17 Chicken Alfredo Pasta WW Bread Sticks	18 Turkey & Cheese Cold Sandwich OR Zabiha Halal Hot Dog	19 Beef Or Cheese Burger WW Buns Fries	20 Chicken Parmesan Pasta WW Bun	21 Pizza Dippers With Marinara Hommus & Veggie
24 Chicken Strips Mashed Potatoes WW Dinner Roll	25 Egg & Cheese Burrito W/ Tatar Tots	26 Chipotle Chicken Sandwich Mac & Cheese	27 Beef Or Cheese Quesadilla 3 Beans Salad	28 Beef Pizza Puff Cold Rainbow Pasta

Daily:

- Fresh Vegetables plus fresh and canned fruits are available with lunch at salad bar.
- Milk choice of Chocolate Fat Free Milk or 1% Low Fat Milk is Included with lunch.
- All food served at Salam School is 100% Zabiha Halal, unless noted.
- Menus are subject to change without notice.

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