

APRIL 2024

Salam Middle/High School Lunch Menu

LUNCH

There will be a Self-Serve Garden Bar daily with a changing variety of Fresh Fruits & Veggies. Condiments such as: Ranch, Ketchup, Mayo, Mustard, and any other sauces will be provided as needed. If salad is already mixed such as Ceasar Salad- no additional dressing will be provided.



Spring Break!

April 1st - April 12th
NO SCHOOL



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



2



3



4



5



8



9



11



12

Beef Hot Dog on WG Bun, Chips, Beans,
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

15

Chicken Alfredo, Steamed Broccoli, Garlic Breadstick
Garden Bar: Ceasar Salad, Fresh Veggie, Fruit *Milk.

16

Popcorn Chicken, Mashed Potatoes, Dinner Roll
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

17

Rice and Meatballs, Peas & Carrots, Roll
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

18

Mozzarella Bread Sticks w/ Marinara Sauce, Beans
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

19

Cheeseburger, Fries
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

22

Chicken Mac & Cheese, Steamed Veggies
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

23

Pasta with Ground Beef, Bread Stick
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

24

Beef Hot Dog on WG Bun, Chips, Beans,
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

25

Popcorn Chicken, Steamed Veggies, Dinner Roll
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

26

Cheese Pizza, Steamed Veggies
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

29

Orange Chicken, Brown Rice, Dinner Roll
Garden Bar: Garden Salad, Assorted Fresh Veggies, Fruit, *Milk.

30

Additional Milk 60¢
Additional Entrée: \$3.50
Adult Entrée: \$4.50
***Milk Choices:**
1% Low-fat White
1% Low-fat Chocolate



This menu is subject to change.

This institution is an equal opportunity provider.