



Dear Parents-

As-salamu alaykum. The main goal of the Physical Education Curriculum for Salam High School is to provide students with the skills, knowledge and opportunities to participate in healthy activities that will interest them to do the same throughout their lifetimes. To promote better health, the High School girls will, during gym class (weather permitting), participate in a **Power Walking excursion**. This supervised activity will be off-campus with me for approximately 30 minutes power walking on a safe path set around the neighborhood right behind Salam High School, insha Allah.

Please contact me by email (lamin@salamschool.com) or at (414)282-0504 (office) with any questions. I will be carrying my cellphone during each walk.

Thank you.

Mrs. Lorri K. Adriano-Amin (414)617-4596 cell

~RETURN BOTTOM PORTION ONLY~

_____ I give my daughter _____ permission to participate in this off-campus power walk as part of Salam High School PE class.

_____ I do not give my daughter _____ permission to participate in this off-campus power walk as part of Salam High School PE class. **Student will sit in office.**

Parent Signature

Phone # (home and cell)