



**Salam School “Islamic Society of Milwaukee”
Where Faith and Learning Go Together.**

Salam School has always focused on providing healthy and nutritious food during lunch to our students.

A healthy and clean lunch environment, in coordination with the “Department of Public Instruction” State of WI.

Our food is focused on providing healthy and nutritious food, keeping in view the growing issues of obesity in the United States.

Salam School, endeavors to provide fresh fruits and vegetables to all our students, as a mandatory practice based on seasonal availability.

We are making healthy eating habits as part of a school lunch program, to help in the development and growth of our children, who are the prospective future of our community.

As a school community Salam School, is geared to focus on children with childhood weight issues to commit to healthy food eating habits. For this purpose we intend to launch a campaign against soda and aerated waters, thought to be the leading reason for diabetes and child obesity. For this purpose we intend to put some fliers on the school website, to educate parents, guardians and the Muslim community at large, after approval from Principal Shalaby.

We have focused on educating our children, through the “Physical education”, program, to understand the importance of healthy diets, and nutrition based foods. Children are being taught and demonstrated to understand the significance of eating foods, which is healthy, and beneficial.

Our Lunch meals for the school academic year 2018-2019 will focus on **Healthy and nutritious meals without any compromise on quality.**

Meals that are low fat and prepared with natural ingredients approved by the Department of Public Administration.

Meals with fiber content, whole grains, supplemented with fresh seasonal fruits and vegetables.

Principal Shalaby will name a 4 member committee, that will review the Salam School wellness policy at the end of November.